

Real Life Change

- 1. The Word - God lovingly plants His word in our lives**
 - a. God custom tailors the placement of His word in each of us
 - b. Read the Bible
 - c. Scripture memorization
 - d. Meditation
 - e. Other sources (books, sermons, tapes, studies, etc.)

- 2. Realize and accept that I cannot do this by myself**
 - a. I have tried X number of times to do this/stop this/change this/get there/etc. and I cannot do it
 - b. I accept the fact that I cannot do it myself
 - c. You may need accountability

- 3. The fork in the road – you have two choices**
 - a. You can choose to give in to it – it consumes and destroys your witness/marriage/work/life/etc.

OR
 - b. You can choose to continue to fight until help from above arrives

- 4. Hold your ground until God shows up**
 - a. Keep trying to make the change
 - b. Repent and try again - you may fail many times
 - c. Do not ever give up, no matter how many times you fail
 - d. Do not lose hope - it may be awhile

- 5. Persistent prayer**
 - a. Pray specifically for the life-change that you are seeking
 - b. Pray regularly for the life-change that you are seeking
 - c. Pray until the life-change occurs or until God says stop praying and believe
 - d. Fasting may be necessary

- 6. God Shows up**
 - a. It can be immediate – wake up healed/delivered/different/etc.
 - b. It can be gradual over time – weeks/months/years
 - c. God will show up – hold your ground until he does

- 7. Real and permanent Life-change occurs**
 - a. It does not wear off
 - b. Do not choose to undo what God has done – don't willingly go back
 - c. It will build your faith
 - d. Rejoice in Him