

## What We Are

New man training focuses on four areas of life:

What we are.

What we think.

What we say.

What we do.

All the fullness of God dwells in Christ (Col 2:9), and Christ is in us (Gal 2:20), and we are in Him (Col 2:10-12). All that can be known about God is in Him. All power is in Him. All authority is in Him. We search the scriptures because we think that in them we have life. But the reality is that Jesus Christ is our life. Life is found in Him. He **is** the Word of God. He alone is the source of true life. "In Him the fullness of Deity dwells in bodily form" (Col 2:9). But the most amazing thing is that **He is in us** (Gal 2:20). The fullness of Deity is in us, because Christ is in us. All power and authority is in us, because Christ is in us. All that can be known about God is in us, because Christ is in us. Life is in us, because Christ is in us. His grace is truly amazing.

When we talk about putting on the new man, we are talking about walking in this reality and being what we are in Christ. And when we do this, the sky is no longer the limit, but heaven itself is now the limit, because we are seated with Him in the heavenly places. We now understand what Jesus meant when He said "with God all things are possible". And not just understand it, but experience it and enjoy it. New man training begins with what we are. It is first about being.

Being in Him. Being transformed by the renewing of our minds. Being buried with Him in baptism. Being raised to walk in newness of life. Being seated with Him in the heavenlies. Being dead to sin. Being alive to God. Being filled with the Spirit. Being led by the Spirit. Being a new creation. Being a chosen race, a royal priesthood, a holy nation, a people for God's own possession. We begin here, in Him, and He in us.

Before we can do anything, we must first be. And to be what we are in Christ, we must let go of what we were before Christ. We must lay aside every encumbrance and the sin which so easily entangles us (Heb 12:1). We are to forget what lies behind and press on toward the goal of the upward call of God in Christ Jesus (Phil 3:13-14). Whatever things were gain we now count as loss that we may be found in Him (Phil 3:1-11). We lay aside the old man and put on the new man which in the likeness of God has been created in righteousness and holiness of the truth (Eph 4:22-24). Old things have passed away, and all things are new (2Cor 5:16). The fullness of God is in us, because Christ is in us. All that Jesus was, is and will be is in us. If Jesus did it, so can we. If Jesus said it, so can we. If Jesus thought it, so can we. But we must first be in Him, and He must be in us. That is where we begin, with what we are.